



## KnockOut PD 5K Run / Walk

**When:** Saturday, April 14, 2018 @ 9am

**Where:** Masonic Village, 1 Masonic Drive, Elizabethtown PA 17022

**Entry Fee:** \$30

**Register:** Online at [runsignup.com/knockoutpd](http://runsignup.com/knockoutpd) - or mail-In registration form attached

The 1st annual KnockOutPD 5K Run & Fun Walk event will take place in April, which is Parkinson Awareness Month. Our goal is to raise funds and awareness for Parkinson's disease, and have a little fun too! Parkinson is a progressive neurodegenerative disease that affects over 1 million people in the United States. All proceeds from the event will go directly to the Parkinson Foundation to help assist with research and advancements in the treatment of Parkinson's disease.

### **We want to make this a positive and fun event for all!**

Come out and enjoy some fresh spring air, music, snacks, great prizes, photos, cool race t-shirt and a custom finisher medal for every runner and walker! All while supporting a GREAT cause! This will be a disposable chip-timed race. Packet pickup (with your race bib & goodies) or last minute registrations will be available for pick-up on race day from 7-8:30am at the event. Signs will be placed in various locations to direct you to the easy parking and the short walk to the packet pickup location, which will also be the start AND finish line of the 5K! Plenty of picnic tables will be available for use before and after the race and 'park-like' public restrooms on site!



For more information on this event, including sponsorship, or volunteer opportunities, visit [runsignup.com/knockoutpd](http://runsignup.com/knockoutpd)

For more information about Parkinson's disease and the foundation, visit [www.parkinson.org](http://www.parkinson.org)

To guarantee a KnockOutPD T-shirt, we need to receive your registration by April 1st, 2018 at 5pm. However, we hope to have plenty of extras! Pre-registration is highly recommended.

**AWARDS:** **Many great prizes, including Everlast Boxing Gloves!**

Top overall male and female finishers

Also, 1st-3rd male and female age group awards:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

